



# **SUTTON BINGHAM ICICLE**

## **SAILING INSTRUCTIONS**

11<sup>th</sup> February 2024

### **1. RULES**

- 1.1 The regatta will be governed by these Sailing Instructions, the Notice of Race (NoR), the prevailing issue of the Racing Rules of Sailing (RRS), the Class rules and the Prescriptions of the RYA, in that order of precedence.
- 1.2 Racing Rules 40, 29.2, 63.1 will be changed as follows or as described in these Sailing Instructions:
  - 1.2.1 Rule 40.1 applies - Personal Flotation Devices must be worn at all times when afloat. Neither a wetsuit nor a drysuit constitute adequate personal buoyancy.

### **2. NOTICES TO COMPETITORS**

- 2.1 Unless otherwise specified, on the day of the event notices to competitors will be posted on the Official Noticeboard located either in the Clubhouse or in front of the race office.

### **3. CHANGES TO SAILING INSTRUCTIONS**

- 3.1 Any change(s) to the Sailing Instructions will be posted on the Official Noticeboard and signalled with Flag L.

### **4. SIGNALS MADE ASHORE**

- 4.1 No sailing is permitted unless the Club's burgee is flying from the Club main flagstaff.
- 4.2 Except for the requirement given in SI 4.1, signals made ashore will be displayed on the race office flagstaff. (The black and white flagstaff beside the race office).
- 4.3 Starting Numbers will be displayed alongside the race office flagstaff.

### **5. RACE SCHEDULE**

- 5.1 The event will be a single Pursuit Race, 150 minutes in length, unless a change is notified on the Official Noticeboard.
- 5.2 Detailed starting sequence and times will be displayed on the Official Noticeboard. The earliest time for the first warning signal will be 11:25.

### **6. CLASS FLAGS**

Class flag will be Numeral Pennant #1

### **7. RACE COURSE**

- 7.1 The course will be designated by numbers and/or letters identifying the marks in the order that they are to be rounded. A red background to a number or letter means the mark is to be rounded to PORT. A green background means the mark is to be rounded to STARBOARD. The letter G on a white background as a mark of the course denotes that boats must pass through a Gate. Unless otherwise notified to competitors by the Race Officer, the Gate is designated as the line between mark F and the white pole in front of the windows of the race office.
- 7.2 The course will be displayed on the course board at the base of the Club's main flagstaff

7.3 Any other information displayed or provided regarding the course and location of buoys (including the use of a lead boat) is for general guidance only and shall not be used as the basis for any protest, dispute, grievance or request for redress.

## **8. STARTING**

- 8.1 The race will be started using the system defined in RRS 26 (i.e. signals will be made at 5, 4, 1 minute and then start).
- 8.2 Starting order and times (start number) will be displayed on the official race notice board. The RYA 2023 Portsmouth Numbers will be used.
- 8.3 The start number will be displayed for one minute before the start for that number. The preparatory signal for the individual start is when the start number is displayed. The individual start will be signalled by a sound signal and the removal of the start number.
- 8.4 Unless otherwise notified to competitors by the race officer, the starting line is defined as being the extended line between the race office flagstaff and the yellow pole on the shore in front of it. The outer distance limit of the line will be indicated by an outer distance mark, which will be the white buoy bearing the letter 'F', unless otherwise notified by the race officer. This buoy will not necessarily be on the starting line.
- 8.5 In the event of an Individual Recall, flag X will be waved for 30 seconds or until the offending boat(s) returns to start correctly (whichever is the shorter). There will be an accompanying sound signal.
- 8.6 There will be no general recalls. This changes RRS 29.2.
- 8.7 Keeping Clear of the Line. Boats whose preparatory signal has not been made shall keep clear both of the starting area and of all boats whose preparatory signal has been made. Failure of competitors to keep clear will render them liable to disqualification.

## **9. FINISHING**

- 9.1 The Pursuit Race Finish Time will be indicated on the Official Notice Board. The finish will be signalled by a long sound signal at the Finish Time. Competitors will finish in their order at the Finish Time.
- 9.2 A patrol boat will move back through the fleet from the lead competitor recording finish positions. After the Finish Time, competitors should hold their positions (relative to one another) until the finishing patrol boat releases them.
- 9.3 Further patrol boats may be used at other segments of the course to record finish positions at the race officer's discretion.
- 9.4 Competitors should note the boat in front and the boat astern at the Finish Time/finish signal to assist the Race Officer if required.
- 9.5 The Race Officer's decision on finish positions is final.
- 9.6 Obligations of Finished Boats. Boats that have been finished must not obstruct other boats and must keep clear of the patrol boats recording finish positions until all positions have been recorded.

## **10. PENALTIES**

- 10.1 Penalty turns for infringement of one or more rules in part 2 of RRS, will be a "two turns" penalty as defined in RRS 44.1.
- 10.2 Boats witnessed by the Race Committee to sail an incorrect course may be disqualified without a hearing. This changes RRs Rule 63.1.
- 10.3 RRS 44.3 'Scoring Penalty' will not be used.

## **11. PROTESTS & REQUESTS FOR REDRESS**

- 11.1 Protest forms are available from the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 11.2 The protest time limit is 30 minutes after the Finish Time.
- 11.3 Protests will be heard at SBSC as soon as possible after the expiry of the Protest time limit.

**12. DECLARATIONS / TALLYING**

12.1 There is no requirement to sign off, however any boat that does not finish the race (DNF), or who subsequently retires after finishing (RET) shall inform the race officer of such within 30 mins of coming ashore.

**13. SAFETY REGULATIONS**

13.1 No sailing is permitted unless the Club's burgee is flying from the Club main flagstaff to indicate that safety cover is available.

13.2 The priority of patrol boats is the safety of competitors and neither the race committee nor the club accepts any responsibility for damage to boats or equipment.

13.3 Other safety related requirements are detailed in the addendum to these SI's.

**14. EQUIPMENT AND MEASUREMENT CHECKS**

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

**15. Risk Statement – Addendum A (RYA) Appendix J**

Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
- (g) The fact that the race committee conducts inspections of a boat does not reduce the responsibilities of each competitor set out in these Sailing Instructions.
- (h) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event.

**16. General Information**

16.1 Entrants and authorised guests are temporary members of Sutton Bingham Sailing Club during the period of the event and shall comply with Club Rules and Bylaws. Failure to observe these may result in exclusion from the Club premises.

16.2 Other General & Security information is detailed in the addendum to these SI's.

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# **SUTTON BINGHAM SC**

## **ADDENDUM to SI's**

### **SAFETY, SECURITY & GENERAL INFORMATION**

The Club takes all reasonable steps to ensure the health, safety and security of all persons and their property on its premises and on the reservoir. However, it expects members and visitors to take reasonable precautions to protect themselves and others from sickness or injury, or loss of or damage to property and requires anyone who becomes aware of a threat, risk or danger of any kind to report it to an Officer of the Day (OOD), so that appropriate action can be taken. The Club will not accept claims for loss of or damage to property which arises from members or visitors failing to take reasonable precautions for the security of their property.

Onshore safety hazards include: slippery surfaces on the launching areas and pontoons; tie-down wires in the dinghy park; unfenced edges with drops on the foreshore and rigging and launching areas.

Sailing is an activity involving risks and personal judgement. The safety of each boat and its entire management shall be the sole responsibility of the boat's helm, owner or person in charge, as applicable. They must ensure that the condition of the boat and any the experience & ability of any crew are adequate to handle the conditions that may arise in the course of racing. Neither these Sailing Instructions, nor any inspection of the boat, limits or reduces the absolute responsibility of the helm, owner or person in charge for the boat, the crew and their management. All boats must be insured with a specialist boat insurer, including third party liability cover with a minimum indemnity limit of £3,000,000.

You are strongly advised to lock your vehicle and place all valuables in the secure lockers provided in the clubhouse.

All visiting sailors and their guests are deemed to be temporary members of the Club during the period of the event or activity attended and, as such, must abide by all Club rules, relevant by-laws and the regulations of the Club's landlord, Wessex Water Services Ltd, details of which are contained in the Club's Operations Manual in the clubhouse.

Some important requirements are summarised below:

(i) All visiting boats, trolleys and other equipment brought on to the Club's premises must have been washed before arriving at the Club & competitors shall adhere to the "Check, Clean, Dry" protocol when bringing their boats from other inland waterways/reservoir.

(ii) No boat shall be put on the water with a mast height greater than 23 feet (7m) - including burgee – above water level.

(iii) Pollution of the reservoir or the land surrounding it is forbidden. No boat is to have toxic antifouling paint.

(iv) All Members and Visitors must wear a Buoyancy Aid when afloat or on the pontoons. Buoyancy aids should comply with EN 393/ISO 12402-5 (50 Newton/Level 50) and be in good serviceable condition. Buoyancy aids should fit each user securely so that, if immersed, they do not slide up the body of the user. Crotch straps should be used if appropriate. If in doubt, use a buoyancy aid that is available from the Club. Life Jackets should not be worn whilst sailing unless required due to an identified medical condition.

(v) No dogs or other pets are permitted on the Club's premises.

(vi) No fishing, bathing or shooting is permitted.

(vii) There is to be no interference with fishing or any other activity being carried out on the reservoir.

(viii) Sailing is only permitted on the northern part of the reservoir, the southern extremity being 25m south of the buoy marked with the figure '7'.

(ix) Apart from launching areas in front of the clubhouse, boats may not land on any part of the foreshore, except in an emergency.

(x) Those in charge of children must ensure that they are adequately supervised at all times on the Club's premises.